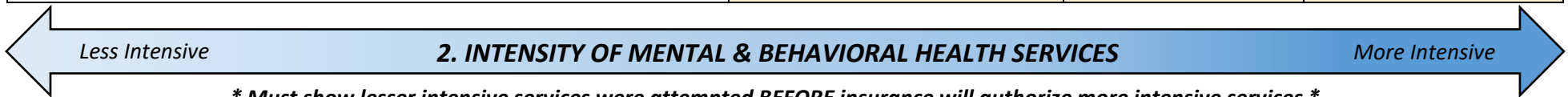


PRELIMINARY CONSIDERATIONS

1. HEALTH INSURANCE	2. INTENSITY OF MENTAL & BEHAVIORAL HEALTH SERVICES	3. PAST SERVICES	4. SYSTEMS INVOLVEMENT	5. LEVEL OF CARE & LINKAGES
<ul style="list-style-type: none"> Does child have health insurance? Who is the Legal Caregiver to consent to services? Does child have a pediatrician or primary care doctor? USUALLY HEALTH PLAN IS PRIMARY PAYOR SOURCE OF SERVICES Certain services may require a script of medical necessity from the pediatrician or psychiatrist. 	<ul style="list-style-type: none"> Does child have a mental / behav. health diagnosis? Or need one? What are child’s specific needs or challenges that may impact or influence services? <p><u>Examples:</u></p> <ul style="list-style-type: none"> Adopted Low IQ Human Trafficking Medical Sexual behaviors Young Age Runaway Substance Abuse Multiple Baker Acts Autism Teen Parent 	<p>What services were provided or tried in the past and outcomes?</p> <p><u>Examples:</u></p> <ul style="list-style-type: none"> Prior Foster Care Prior Juvenile Justice Counseling Out-/In-patient treatment In-home services Behavior Analyst services (ABA) Out of Home Respite Medication - regimen consistent? right level & type of medication? 	<p>What system(s) is/are the child currently involved with:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Health Care/Insurance <input type="checkbox"/> Education <input type="checkbox"/> Unique Abilities/Disabilities <input type="checkbox"/> Mental/Behavioral Health <input type="checkbox"/> Juvenile Delinquency <input type="checkbox"/> Child Welfare <ul style="list-style-type: none"> Any recent evaluations or assessments completed by agencies involved? Does the child need an evaluation? 	<p>Based on past & current services and child’s specific needs/challenges:</p> <p>a. Evaluate the intensity of mental health and other services needed.</p> <p>b. Short- or long-term respite needed?</p> <p><u>Who is the Champion for the child & family</u> that can assist with accessing services?</p>

1. HEALTH INSURANCE						
YES	NO					
<p>Work with the parent(s) or legal caregiver(s) to:</p> <ul style="list-style-type: none"> ✓ Contact health insurance plan to request Behavioral Health Coordination (BHC) and for a referral to Targeted Case Management (TCM) services in their provider network to assist with service navigation (or Medical Case Coordination if the child has medical needs) ✓ Inform child’s pediatrician/primary care doctor of mental and/or behavioral health needs and to assist with referrals for testing and/or additional services. 	<p>Work with the parent(s) or legal caregiver(s) to:</p> <table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="background-color: #FFD700;"> <p>Apply for Insurance</p> <ul style="list-style-type: none"> Medicaid; (850-300-4323; Free help with applications DCF Community Partner Network) Healthy Kids Supplemental Security Income (SSI) </td> <td style="background-color: #FFD700;"> <p>Access Community Mental Health Services - Managing Entity (ME) Lutheran Services (LSF) Access to Care Line (24/7) 1-877-229-9098</p> </td> <td style="background-color: #FFD700;"> <p>Access Additional Resource Options</p> <ul style="list-style-type: none"> MyFloridaMyFamily.com Florida 2-1-1 </td> </tr> </table>			<p>Apply for Insurance</p> <ul style="list-style-type: none"> Medicaid; (850-300-4323; Free help with applications DCF Community Partner Network) Healthy Kids Supplemental Security Income (SSI) 	<p>Access Community Mental Health Services - Managing Entity (ME) Lutheran Services (LSF) Access to Care Line (24/7) 1-877-229-9098</p>	<p>Access Additional Resource Options</p> <ul style="list-style-type: none"> MyFloridaMyFamily.com Florida 2-1-1
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** Must show lesser intensive services were attempted BEFORE insurance will authorize more intensive services **
** Records collection and 3. Past Services (history) are very important to accessing and navigating additional services **

Outpatient (1 – 2 hours per week)	Intensive Outpatient (3 – 4 hours per week)	Emergency/Crisis	Inpatient Treatment
<p>Through Health Plan:</p> <ul style="list-style-type: none"> Individual Counseling/TBOS Medication management Art/Equine therapy <p>Through Community Mental Health:</p> <ul style="list-style-type: none"> Baycare, Lifestream, The Centers <p><i>* Check with other agencies involved *</i></p>	<p>Through Health Plan:</p> <ul style="list-style-type: none"> Intensive Counseling Personal Care Assist (PCA) ABA services <p>Through Community Mental Health</p> <ul style="list-style-type: none"> CAT Teams, FACT Teams (18yrs+) <p><i>*Check with other agencies involved*</i></p>	<ul style="list-style-type: none"> Mobile Response Team (MRT) Lake/Sumter/Citrus: 352-408-6625 Hernando: 352-467-OKAY (6529) Marion: 352-402-2890 Baker Act (mental health) Marchman Act (substance abuse) Suicide Prev. Lifeline: 800-273-8255 	<p>Through Health Plan:</p> <ul style="list-style-type: none"> Statewide Inpatient Psychiatric Placement (SIPP) – <i>need psychiatric recommendation</i> Substance Abuse Treatment Human Trafficking Safe House <p><i>* Work with Insurance *</i></p>

4. SYSTEMS INVOLVEMENT

(identify all that apply)

Priv. Ins. / AHCA-Medicaid Plans HEALTH CARE/INSURANCE	OEL-ELCs / DOE-School Districts EDUCATION	APD UNIQUE ABILITIES/DISAB.	DCF-SAMH – MEs MENTAL/BEHAV. HEALTH	DJJ JUVENILE DELINQUENCY	DCF-CW – CBCs CHILD WELFARE
INFO TO KNOW	INFO TO KNOW	INFO TO KNOW	INFO TO KNOW	INFO TO KNOW	INFO TO KNOW
<ul style="list-style-type: none"> Child’s last physical/well-check? Last dental? Medical conditions? Does child have SSI? Locate health care Florida Health Finder EAP through employer? Medicaid- not all plans offer the same expanded benefits. There are specialty plans for medical and serious mental illness. Review: Florida Medicaid Managed Care Plans Make plan changes: Choice Counseling 1-877-711-3662 Medicaid – transportation benefits are available <i>Developmental Concerns:</i> Age 0-3 yrs: FL Early Steps Age 4+ yrs: FDLRS 	<ul style="list-style-type: none"> Type of school placement? (public, private, alternative, virtual, homeschool) 504 or Individualized Education Plan (IEP)? <ul style="list-style-type: none"> YES- what service being provided behavior/ academic? YES - & in High School - Vocational Rehabilitation Rehab Works NO- suspected disability or behav./emotional issues impacting learning? Receiving any in-school mental health services? Need alternative/different school placement? PACE Center for Girls PACE Center 	<p><i>Criteria:</i></p> <ul style="list-style-type: none"> Intellectual disab., autism, spina bifida, cerebral palsy, Prader-Willi, down syndrome, Phelan-McDermid <p><i>Can provide:</i></p> <ul style="list-style-type: none"> In-home respite, group home respite, waiver support coord (case mgmt) <p>Most families that qualify are on the waitlist - <i>must maximize use of insurance covered services</i></p> <p><i>Crisis:</i></p> <ul style="list-style-type: none"> May apply for crisis tool – 407-245-0440 (may take up to 60 days) <p>APD Resource Directory</p> <p>If ASD/Autism – register with Florida Center for Autism Related Disabilities (CARD) for navigation services</p>	<ul style="list-style-type: none"> Baker Act history? Any recommended services? Prior Residential (in-patient) Treatment? <i>If need inpatient (SIPP), make sure to have TCM services in place & work with LSF Family Services Planning Team (FSPT)</i> <p><i>Providers include:</i></p> <ul style="list-style-type: none"> Lifestream, The Centers, Baycare and FSPT <ul style="list-style-type: none"> Offer MRT, TCM, and CAT team OPEN ACCESS centers can do bio-psychosocial, walk-ins <p>SAMHSA Treatment Locator</p>	<ul style="list-style-type: none"> Youth’s charges? Detention status (home, secure, respite) DJJ status (intake, diversion, cond. Release, probation, post commitment) Other counties involved? Next court date(s)? Any conditions or restrictions on youth? Any DJJ mental health services involved or available? Ungovernable youth work with Florida Network CINS/FINS <p>DJJ Community Resource Guide</p>	<ul style="list-style-type: none"> Current DCF involvement? Prior DCF involvement? DCF services involved? If in juvenile system, next court date(s) Does the child have a safety plan? Adopted child? Any post-adoption supports? Refer to <i>Kids Central Inc. Post Adoptions:</i> Carla.James@kidscentralinc.org Adopt Florida: 1-800-962-3678 Report concerns about Human Trafficking: 1-800-962-2873 <p>DCF Resource Directory</p>
ASSESSMENTS	ASSESSMENTS	ASSESSMENTS	ASSESSMENTS	ASSESSMENTS	ASSESSMENTS
<ul style="list-style-type: none"> Lab work needed? Psychiatric eval? Is child on the right level & types of medication? Need or had a developmental evaluation? (i.e., suspect autism/low cognitive abilities) Need specialty evaluations? (i.e., concerns for sexual behaviors, genetic testing, psychological) 	<ul style="list-style-type: none"> Psycho-educational evaluation (to determine if special education is needed) IQ – WISC Assessmt Adaptive Behavior Assessment Speech/language evals. Physical therapy evals. Occupational therapy evals. 	<ul style="list-style-type: none"> Autism Diagnostic Observ. Schedule (ADOS) Childhood Autism Rating Scale (CARS) Gilliam Autism Rating Scale (GARS) Neuropsychosocial evals. Adaptive Behav. Assmt. Developmental Assmt. 	<ul style="list-style-type: none"> Psychiatric Eval. – for medication & level of care needed Referral for Psychological Eval. – personality, IQ, trauma Referral for specialty evaluations needed? 	<ul style="list-style-type: none"> TASC Assessment CAT Assessment Comprehensive Eval. (may request an IQ or psychosexual add-on) Amenability Assmt Human Trafficking tool MAYSI-2 Assessment Suicide Risk Assmt 	<ul style="list-style-type: none"> Comprehensive Behavioral Health Assessment (CBHA) Suitability Assessment for Residential Inpatient Treatment / SIPP Family Functioning Assessment Family Funct. Assessmt Human Trafficking tool
NEXT STEPS	NEXT STEPS	NEXT STEPS	NEXT STEPS	NEXT STEPS	NEXT STEPS
<ul style="list-style-type: none"> Contact health plan to request assistance with mental health or medical services coordination Obtain referral from primary dr. 	<ul style="list-style-type: none"> Work with school or through health insurance plan. SEDNET for help navigating SEDNET FL 	<ul style="list-style-type: none"> Maximize use services through health insurance plan and work with APD. 	<ul style="list-style-type: none"> work with Managing Entity (ME) NAMI Helpline: 1-800-273-8255 	<ul style="list-style-type: none"> Work with DJJ and/or diversion program. Youth & Family Advocacy Helpline: 1-800-757-0634 	<ul style="list-style-type: none"> Work with DCF and/or diversion program. Request “Parent in Need of Assistance”: 1-800-962-2873

5b. SHORT-TERM RESPITE OPTIONS					
Community Aftercare Programs	Informal Supports	Florida Network Community Respite	In-Home Respite – Personal Care Services	Mental Health Respite	Medical Respite
<ul style="list-style-type: none"> School-based programs & activities. Community-based programs and activities: <ul style="list-style-type: none"> YMCA, Boys & Girls Clubs. Mentoring programs. Volunteer/Work programs. Camps 	<ul style="list-style-type: none"> Other parent(s) Relatives Non-relatives <p><i>Example:</i> Health Care Surrogate/ Power of Atty Form</p>	Residential Shelter/Respite - for children ages 10-17 yrs. for 14 to 30 days. <i>Criteria:</i> <ul style="list-style-type: none"> Ungovernable, runaways. Parents must call to complete screening. Bed availability changes daily. <p><i>Examples:</i> Arnette House: Ocala - 352-622-6135 Interface: Gainesville – 352-244-0618 Lake City – 386-487-0190 Palatka – 386-385-0405 New Begin. Youth Shelter: Brooksville –352-540-6015 RAP House: N.Port Richey - 727-835-1777</p>	<p>APD Resource Directory</p> <ul style="list-style-type: none"> Services may be covered by health insurance plan. Contact provider agencies within directory. Work with provider agency to obtain referral from primary care doctor or psychiatrist. <p><i>Examples:</i></p> <ul style="list-style-type: none"> Restore Health Takita’s Helping Hands Maxim <p>* Work with Insurance *</p>	<p><i>Criteria:</i> Respite for children with mental health diagnosis that may not be suitable for the Florida Network/Community Respite.</p> <ul style="list-style-type: none"> For children ages 10-17 yrs. for up to 14 days. Work through Community Mental Health (LSF) to approve funding: childrensservices@lsfnet.org 1-877-229-9098 <p><i>Examples:</i> The Centers: Ocala – 352-291-5555 Meridian: Lake City – 352-318-4101</p>	<p><i>Criteria:</i> Out of home respite for medically needy children only.</p> <p><i>Examples:</i> Children’s First – Pediatric Pavilion Inc.: 407-671-5943</p> <p>ARCH – National and State Respite Locator</p> <p>ARCH – Florida Funding and Eligibility Opportunities for Respite</p> <p>* Work with Insurance *</p>
<p>Children Under 10 Years Old</p> <p>Out of Home Respite is difficult to locate for young children; for children under 10 yrs old focus on:</p> <ul style="list-style-type: none"> Extracurriculars activities In-Home Respite or Supports – through DCF Diversion or through Health Insurance Non-traditional or play therapy – through Health Insurance 					



* Includes Alternative Placement and Mental & Behavioral Health Options *

Informal Supports	Florida Assoc. of Christian Child Caring Agencies (FACCCA)	Therapeutic Boarding Schools	Behavioral Health Overlay Services (BHOS) Group Home	Specialize Therapeutic Group Home (STGH)	Statewide Inpatient Psychiatric Placement (SIPP)
<ul style="list-style-type: none"> Other parent(s) Relatives Non-relatives Job Corps (Age 16 yrs+) 	<p>FACCCA website</p> <p><i>Types:</i></p> <ul style="list-style-type: none"> Residential Care Homes Maternity Homes Adoption & Substitute Family Homes Restoration Homes 	<p>Therapeutic Boarding School Finder</p> <p><i>Examples:</i></p> <ul style="list-style-type: none"> Christian Care Center Mount Dora Christian Academy Florida Youth Challenge Academy Rodeheaver’s Boys Ranch Mercy Multiplied 	<p><i>Criteria:</i> Youth at-risk of mental health and/or behavioral issues not related to serious cognitive/developmental disabilities.</p> <p><i>Examples:</i></p> <ul style="list-style-type: none"> FL United Methodist Children’s Home FL Sheriff’s Youth Ranch St. Augustine Youth Services <p>*Work w/ Insurance & ME*</p>	<p><i>Criteria:</i> Psychiatrist recommend; medical and dental clearance; funded by Medicaid + sliding scale; not immediately available.</p> <p><i>Examples:</i></p> <ul style="list-style-type: none"> Carlton Manors St. Augustine Youth Services Lifestream Our Turning Point Ranch <p>*Work w/ Insurance & ME*</p>	<p><i>Criteria:</i> Psychiatrist recommend; medical and dental clearance; funded by Medicaid; not immediately available.</p> <p><i>Examples:</i></p> <ul style="list-style-type: none"> HT Safe House Acadia Healthcare Perimeter Healthcare KidLink <p>*Work w/ Insurance & ME*</p>

When service navigation has been exhausted, refer to the Circuit 5 Local Review Team Coordinator: Joelle.Aboytes@myflfamilies.com